

Welcome to your September Prayer Box. There's a prayer activity for each day of the month which you can choose to do as a family or individually. We hope by spending time with Jesus each day, you'll learn more about who He is, His abundant goodness and His love for you.

1st  
Sept

Have fun decorating your prayer box with the decorations provided. You can also use extras/crafty items you have at home.

As a family, choose where you would like to keep your prayer box. You could keep it on the dining table, lounge room or in your bedroom.



Prayer Time - Thank God for this month of prayer and ask Jesus to help you hear from Him clearly as you spend time with Him.



# Skittle Prayers

We don't need fancy words to speak with Jesus, and there is no 'right' way to pray. Jesus loves to chat to us about anything, at anytime, in many ways.

5th  
Sept

In this envelope you should have a mini packet of skittles. Have each family member choose a skittle from the packet and pray according to the colour chart below.



Green = Who is your favourite teacher? Pray, thanking God for them and ask God to bless and help them.

Yellow = Who is your best friend? Pray, thanking God for that friend. Ask God to help you be a good friend to them.

Red = Who do you know that is sick and needs healing? Pray, asking Jesus to heal that person.

Purple = Who do you know that isn't Jesus' forever friend? Pray, asking Jesus how you can help show His love to that person.

What did Jesus say?

Orange = What is one thing that happened today that you are thankful for? Pray, thanking Jesus for that thing.

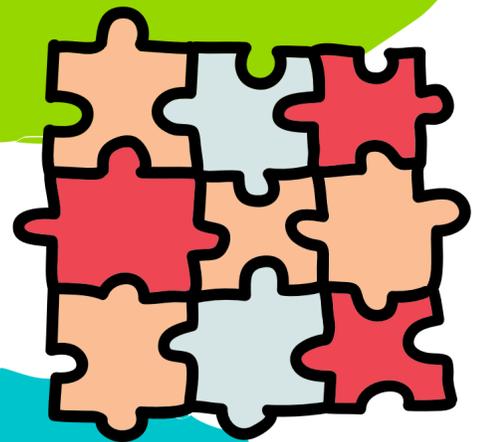


# The Lord's Prayer

9th  
Sept



In your envelope today you should find 10 puzzle pieces and a lollipop.



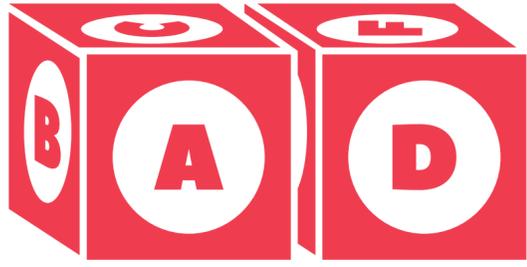
As a family sit down and complete the puzzle together. Then take turns completing the puzzle individually and time who can do it the fastest. The fastest puzzler wins the lollipop.



Read the Lord's prayer together. If you don't already know it by heart, try and memorise it. Test how well you know it by taking away pieces of the puzzle with each repetition.

# Alphabet Prayer

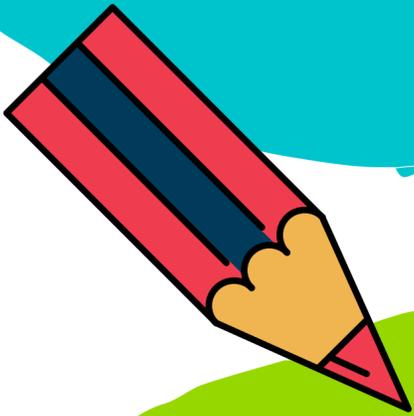
13th  
Sept



In your envelope today, you should find a sheet of alphabet stickers.



Find a blank piece of paper. Take it in turns to pray for a person, place or situation beginning with each letter of the alphabet. Start at 'A' and work your way through, sticking the corresponding letters on the paper as you go along.



If you want, you could write or draw what you pray for, next to each letter sticker. You can keep your alphabet prayer sheet and use it to pray for those people, places or situations another day.

# Worry Knots Prayer

1 Peter 5:7 says 'Give all your worries and cares to God, for he cares about you.'

17th  
Sept

In this envelope you should find some pieces of cord.

How amazing is it, that God, Creator of the universe, loves you so much that He wants you to give Him all your worries. Take a few minutes and tell God about all the worries and concerns in your life. For each thing you are worried about tie a knot in your cord.



Hear these words from Jesus: "I am leaving you with a gift - peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid." If you can, untie the knots, as a symbol of you letting go of your worries and giving them to Jesus. Keep the cord and use it the next time you are feeling worried.



# Create your own Prayer box

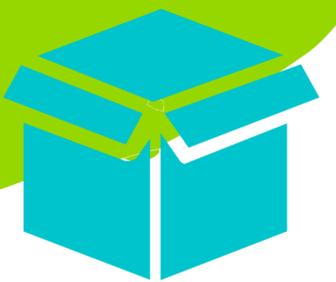
30th  
Sept

In your envelope today you should have some strips of paper.

The fun of your prayer box and spending time with Jesus daily does not need to end here. Yay! We would love you to create and write your own prayer activity/ideas, one for each strip of paper, and place all the strips of paper into your prayer box. Each day you can choose a prayer strip to help guide your prayer time with Jesus.



- Some ideas for your prayer strips:**
- Pray for someone in your family
  - Pray for Christians overseas
  - Ask Jesus to help you with something
  - Ask Jesus what He wants to say to you today
  - Pray for your church
  - Thank Jesus for something



# Prayer Card

21st  
Sept

In your envelope today  
you should find a  
colouring in postcard.



We would love you to bless someone with a prayer postcard. Colour in the postcard, choose someone to give it to, write a prayer for them on the back and pop it in their letterbox or send it through the mail.



You might want to write a:  
"Thanking Jesus for you" prayer  
"Praying for healing for you" prayer  
"Praying for joy and blessing for you"  
prayer...  
or whatever prayer you choose!

# Prayer Jar

25th  
Sept

In this envelope you should find some glitter. Careful not to spill it.

Ask Mum or Dad to help you find an empty jar or clear plastic water bottle. Fill the jar or bottle with water and very carefully add in your glitter. Close your jar or bottle up nice and tight so the water and glitter won't spill out. Shake your prayer jar/bottle and watch as the glitter swirls around and settles back to the bottom.



Use your Prayer Jar/Bottle to spend time talking with Jesus by:

- making the jar a timer for your prayers e.g. Praise/Thank Jesus for the time it takes for the glitter to settle on the bottom
- using the prayer jar when you feel anxious or worried. Shake the jar and speak with Jesus about your worries. Remember that Jesus has the power to calm any storm

# Family Prayer Journal

29th  
Sept

In this envelope you should find a small journal.

We would love you, as a family or individually, to continue to prioritise talking with Jesus. We hope this family prayer journal will be an opportunity to continue your journey of discipleship and prayer together.



Choose a place to keep your Family Prayer Journal and together write or draw your times of prayer and listening with Jesus. You could choose a specific day of the week or time of day to do this e.g. dinner or bed time, or just when you want to have some quiet time with Jesus. You could start now by writing a one sentence prayer of praise to Jesus.

# Prayers of Praise

Praise is telling God something you like about Him or think is amazing or awesome about Him.

2nd

Read Psalm 100.  
Think of 3 things you love about who God is. Pray and tell God that you love those things about Him.



3rd

Go out into the backyard or to the local park and spend some time enjoying God's creation. What's your favourite part of God's creation? Pray and praise God for creating that thing.



4th

Using the letters of your name, pray a praise prayer to Jesus e.g. "I praise you Jesus because you are **S**afe, **O**mnipotent, **P**atient, **H**umble, **I**nclusive and **E**ternal."

# Prayers of Thanks

Give thanks to the Lord, for he is good; his love endures forever. Psalm 118:1

6th

Think of a place you are thankful for. Pray, sharing with God why you like that place and thank Him for it.



7th

Get a piece of paper and a pencil. put your hand on the paper and trace around the outline of your hand. For each finger draw or write something you are thankful for. After you draw/write each thing, thank God for it.



8th

Go for a prayer walk outside as a family, or even just around the house on your own, and search for things you are thankful for. As you find something say "God is good, God is great, thank you God for \_\_\_\_\_"



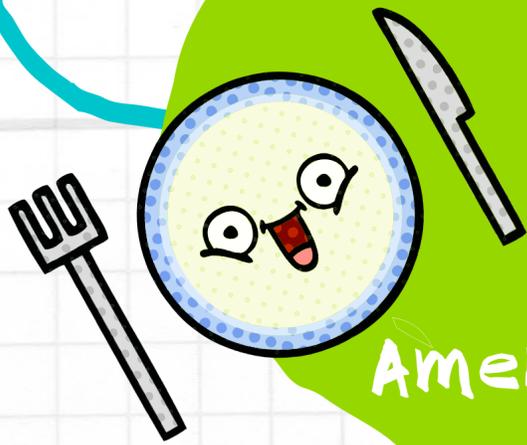
# Prayers thru song

10th

Before you eat dinner tonight, sing this grace song to the tune of the Addams Family.

"We thank you Lord for giving,  
this food we are receiving.  
For family, fun and friends,  
we thank you Lord today.

Amen (click click), Amen (click click),  
Amen Amen Amen (click click)



11th

Ask Mum or Dad to help you look up a lyric video of the song "Great are You Lord" by All Sons and Daughters. Listen to this song together and sing out the lyrics as a prayer to God.



12th

Write your own Prayer song to Jesus, perhaps using the melody to your favourite song. If you feel comfortable, record it or write it down and send it to Sophie (0466 519 981) and we can share it on our River Kids video.



# Listening to Jesus

Before you start each of the below prayers get comfy (you may want to lie down), close your eyes and imagine you are sitting with Jesus in your secret or favourite place.

14th

Ask Jesus if He thinks you are more like a car or a flower?  
Ask Him why He thinks that?  
Ask Jesus to show you what your car or flower looks like?



15th

Say, "Jesus, please help me to listen to you. Help my heart and mind to be quiet so I can hear you."

Jesus, what would you like to say to me today?"

16th

Imagine your heart is like a big movie screen. Ask Jesus to fill this screen with His words and pictures. What does He show you?



# 'Move It!' prayers

18th

(3 deep breaths) God, you are above (reach toward the sky), below (touch your toes), inside (hands to heart) and all around (big arm circles). I worship you (reach toward the sky), and give my life to you (touch your toes). And I love you (hands to heart) with all that I am (big arm circles). Amen (3 deep breaths)



19th

Touch your eyes and say "Jesus help me to see you."  
Touch your ears and say "Jesus help me to hear you."  
Touch your lips and say "Jesus help me to speak kindly."  
Touch your heart and say "Jesus help me to remember you love me."  
Touch your hand and say "Jesus help me to help others."  
Touch your feet and say "Jesus help me to follow you."

20th



This is a great prayer to do around the dinner table. Have one person put their hand in the middle of the table, then have everyone else place one hand on top to create a 'stack' of hands. The person whose hand is at the bottom, prays a one sentence prayer, then takes their hand and puts it on the top of the stack. Then the next person whose hand is on the bottom, does the same, and so on, until everyone has had a turn. At the end everyone throws their hand into the air and says "Amen."

# Prayers for Others

1 Timothy 2:1 says 'I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf; and give thanks for them.'

22nd

The 5 finger prayer for others.  
Thumb - pray for your closest friend  
Pointer - pray for your teacher  
Middle - pray for your River Kids Leader  
Ring - pray for someone who is sick  
Pinkie - pray for someone you find difficult to like



23rd

Choose a country that starts with the first letter of your first or last name.  
Ask God to keep the people in that country safe and pray that all the people in that country will be Jesus' forever friend.



24th

Think of someone you know who doesn't know Jesus. This could be a family member, friend or neighbour.

Pray that they would know how much Jesus loves them and that they would come to church to learn about Him. Ask Jesus to help you shine His light and show them His love.

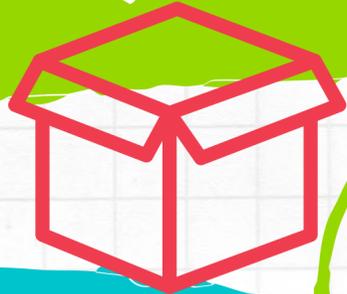


# 'Tough' Prayers

Jesus wants us to speak with Him about the good stuff and the tough stuff. This means when we are worried we can give that worry to Jesus. When we have done the wrong thing we can say sorry and ask Jesus to help us follow His ways.

26th

Think of one thing that makes you feel worried or scared. Imagine putting that thing and feeling into a box. Close the lid and give that box to Jesus. Ask Jesus to help you trust in Him and ask Him to fill you with His peace.



27th

We are not perfect and sometimes we do or say things hurt us or others. Think of one thing you have done today or recently that you feel sorry about and tell Jesus about it. Ask Jesus to help you choose His way.



28th

Think of someone who has hurt you. or made you feel sad or angry. This could be someone at school or your sister or brother. Pray, asking God to help you forgive that person like He forgives you. Ask God to take away the hurt, sadness or anger you feel and replace it with His love and peace.





Be joyful

in hope,

patient in

affliction,

faithful

in prayer.

Romans 12:12